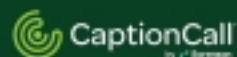


Strawberry-Rhubarb Ice Pops



Ingredients:

- 5 cups of chopped fresh or frozen rhubarb (½ inch)
- ¼ cup of sugar
- 3 tablespoons of water
- 1 cup of strawberry yogurt
- ¼ cup of unsweetened applesauce
- ¼ cup of finely chopped fresh strawberries
- Optional: 2 drops of red food coloring
- 8 freezer pop molds or 8 paper cups (3 ounces each) and wooden popsicle sticks

Instructions:

1. Place rhubarb, sugar, and water in a large saucepan and bring it to a boil. Reduce the heat and simmer, uncovered, for about 10-15 minutes, until it is thick and blended.
2. Remove the mixture into a bowl and let it cool completely.
3. Add yogurt, applesauce, and strawberries and stir until blended.
4. Optional: Add a few drops of food coloring.
5. Fill each mold or cup with about ¼ cup of the mixture. Cover molds with holders or cups with foil and insert the popsicle sticks through the foil. Freeze until firm.